



## Mr. Timothy R. Alston

November 15, 1959 - September 30, 2012

### TIMOTHY RUDOLPH ALSTON

President of TRA Medical Supply Company, Inc., died Sunday, Sept. 30, 2012, surrounded by family and friends at Washington Hospital Center. Affectionately known as Timmy and Uncle Tim to his family and close friends, was born on November 15, 1959, to the late Flora Irene Carter and Paul Rudolph Alston of Washington, DC. Timothy Rudolph Alston graduated from Fairmount High School in Chapel Oaks, MD, where he was an honor student and star basketball player. Diligent in his pursuit academically, he accepted and received an academic scholarship instead of accepting an athletic scholarship to Hampton Institute (now Hampton University), where he earned his Bachelor's degree in finance. In 1986, he earned his Masters of Business Administration Degree with a concentration in Finance from the Pennsylvania State University.

Following a ten year career travelling aboard in the banking and international finance arena, Timothy R. Alston began putting into motions his dream to start his own company. In 1991, TRA Medical Supply Company, Inc. was launched and the rest is history.

Tim's goal in creating TRA Medical Supply Company, Inc. was inspired by an unwavering desire to be the captain of his own destiny. Tim believed that minority companies contributed valuable services not only to the industry and to the economy but it was also good for the community.

After several years, Tim was able to build TRA Medical Supply Company, Inc. into a vital and thriving company that is now recognized throughout the east coast region of the United States. Tim was a man who saw challenges as opportunities and for every opportunity he believed it was his duty to give back to his community and to share any and all successes.

Tim, the youngest son of a single mother, knew first-hand the importance of reaching back in his attempt to make a difference in the lives of others. His motto: when you know better and can do better you are obligated to help make someone else's life better. Seeing his mother build a life for him and his brother as a single mother, inspired Tim to create "Boys To Men Global" a mentoring and tutoring program he launched in partnership with Empowering Minds Foundation, Inc., an educational organization headquartered in Prince Georges County, Maryland. The first program was launched at Surrantsville High School in Clinton, MD. The program was designed to improve educational excellence in math, grammar, literature, SAT preparation and to give young men the opportunity to attend and graduate from a college or university of their choice.

Focused and wise beyond his years, Tim gained the respect of business leaders and politicians throughout Maryland and the District of Columbia. He worked with unyielding dedication for personal, community, business and educational excellence. He is a member of Kappa Alpha Psi Fraternity Inc., Florida Avenue Baptist Church Washington, DC, Minority Business Owners of Maryland, Maryland Chamber of Commerce and Maryland's Minority Suppliers Association.

Timothy is survived by his wife, Tawana Nottingham Alston of Clinton, MD, brother Lacy Alston of Columbia, MD, sister-in-laws Dr. Sharon Alston, Dr. Robin Nottingham and Denitta Jackson, Brother-in-laws Steve and Derrick Nottingham, nephews Matthew Alston and Dominic Jackson, nieces Brittany

and Sariah Nottingham, a very special niece and nephew he and his wife helped raise, Skye and Brandon Nottingham and a host of loving relatives and friends.

A celebration of life service will be held Monday, October 8, 2012, at Ark of Safety Christian Church, 9402 Marlboro Pike, Upper Marlboro, MD. Viewing at 9am and service at 11am. Interment Ft. Lincoln Cemetery, 3401 Bladensburg Rd, Brentwood, MD immediately following service. In lieu of flowers, memorial contributions may be made to Empowering Minds Foundation, Inc., 10500 Fox Ridge Ct., Bowie, MD 20721.

Strickland Funeral Services is in charge of arrangements. Online condolences may be made at [stricklandfuneralservices.com/fh](http://stricklandfuneralservices.com/fh)

# Tribute Wall



“ *Simons Mortuary created a Tribute Video in memory of Mr. Timothy R. Alston*



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**Simons Mortuary** - October 02, 2016 at 12:08 PM



“ *Mr. Timothy R. Alston*

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January 29, 2023 at 06:10 AM



“ *Mr. Timothy R. Alston*

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January 29, 2023 at 03:12 AM

BB

“ *My name is Baron Brooks and I met Tim and his Line Brother, Chuck Hines when they came to work in Boston, fresh out of Hampton as Loan Officers for one of the local Banks downtown.*

*We were Fraternity Brothers and we accepted Tim and Chuck as Brothers right away. Tim was some character. He was so funny. But he was also very intelligent and driven to succeed.*

*He quickly moved into the Kappa Castle and all of the Frat really loved Tim. He became an honorary Chi Chapter Brother.*

*My heartfelt condolences go out to Tim's family. I know that people like Tim are rare and they leave a lasting impression on everyone they meet. Therefore, I know Tim's lose is weighing heavy on everyone's Hearts.*

*Tim was a big guy with an infectious smile and an incredible laugh. He was warm and he was caring. This is what I will remember today and for years to come.*

*Phi Nupe Tim....*

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**Baron Brooks** - October 08, 2012 at 03:03 PM

TJ

“ *One More :-)*



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**TJ Jackson** - October 05, 2012 at 11:48 AM

TJ

“ Pictures of "The Crew"



TJ Jackson - October 05, 2012 at 11:45 AM

TJ

“ 3 files added to the album Dedicated to our brother & friend...Timmy Alston



TJ Jackson - October 05, 2012 at 11:35 AM

BJ

“ 1 file added to the album New Album Name



Billy Best, Jr. - October 04, 2012 at 09:46 PM

BJ

“ 1 file added to the album *New Album Name*



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**Billy Best, Jr.** - October 04, 2012 at 09:33 PM

BJ

“ 1 file added to the album *New Album Name*



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**Billy Best, Jr.** - October 04, 2012 at 09:32 PM

BB

*That infectious "SMILE"... Tim is pictured here as a Groomsman in Kenny and Donna Best's wedding with Bridesmaid, Sharon Hill, Donna's cousin.*

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**Billy Best** - October 05, 2012 at 08:07 PM

BJ

“ 1 file added to the album *New Album Name*



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**Billy Best, Jr.** - October 04, 2012 at 09:30 PM

BB

*Timmy visiting with one of his mentors and father figure, Mr. Billy Best, Sr. They had many conversations and words of advice about Tim's goals to become an entrepreneur.*

**Billy Best** - October 05, 2012 at 08:04 PM

BJ

“ 1 file added to the album *New Album Name*



**Billy Best, Jr.** - October 04, 2012 at 09:28 PM

BB

*Tawana and Tim at Kenny Best's 50th birthday celebration - July 2007.*

**Billy Best** - October 05, 2012 at 08:00 PM

BJ

“ 1 file added to the album *New Album Name*



**Billy Best, Jr.** - October 04, 2012 at 09:27 PM

BB

*Timmy on bottom right celebrated Kenny Best's 12th birthday July 1969 with Oliver Greene, Billy Best, and not pictured Kenny, Jeff Greene and Michael Switzer.*

**Billy Best** - October 05, 2012 at 07:58 PM

BJ

“ 1 file added to the album *New Album Name*



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**Billy Best, Jr.** - October 04, 2012 at 09:24 PM

BB

*Timmy was a Groomsman in the wedding of Kenneth and Donna Best on 10/3/1987. In this photo from left to right are Jeff McFarland, Joe Parker, Melvin Simmons, Bryan Best, Kenneth Best, Billy Best, Jr., Timothy Alston and Gregory Gist.*

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**Billy Best** - October 05, 2012 at 07:55 PM

BJ

“ 1 file added to the album *Dedicated to our brother & friend...Timmy Alston*



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**Billy Best, Jr.** - October 04, 2012 at 12:05 AM